



Gender Based Violence Support Services Directory



Punjab Urban land Systems Enhancement (PULSE)
Board of Revenue, Punjab

Preface

This Referral Directory has been developed under the Punjab Urban Land Systems Enhancement (PULSE) Project, implemented by the Board of Revenue, Government of Punjab, to strengthen coordinated response and support mechanisms for individuals who may experience or report grievances, including cases related to Gender-Based Violence (GBV), Sexual Exploitation and Abuse (SEA), and Sexual Harassment (SH). As the project engages with communities, workers, and stakeholders across multiple districts, ensuring timely access to appropriate services is critical.

This directory provides a consolidated resource of key service providers, including government departments, law enforcement agencies, healthcare facilities, legal aid providers, psychosocial support services, shelters, helplines, and civil society organizations across 41 districts of Punjab. Developed through a consultative process with relevant institutions and service providers, the directory aims to support project staff, focal persons, and stakeholders in facilitating safe, timely, and survivor-centered referrals to appropriate support services.

Punjab Urban Land Systems Enhancement (PULSE)
Board of Revenue, Punjab

41 Districts of Punjab

Sr#	Page #	District	Sr#	Page #	District	Sr#	Page #	District
1	Page 4	Attock	15	Page 76	Khanewal	29	Page 152	Pakpattan
2	Page 8	Bahawalnagar	16	Page 81	Khushab	30	Page 158	Rahim Yar Khan
3	Page 13	Bahawalpur	17	Page 86	Kot Addu	31	Page 164	Rajanpur
4	Page 20	Bhakkar	18	Page 90	Lahore	32	Page 170	Rawalpindi
5	Page 25	Chakwal	19	Page 99	Layyah	33	Page 177	Sahiwal
6	Page 29	Chiniot	20	Page 104	Lodhran	34	Page 183	Sargodha
7	Page 33	Dera Ghazi Khan	21	Page 111	Mandi BahaudDin	35	Page 189	Sheikhupura
8	Page 39	Faisalabad	22	Page 116	Mianwali	36	Page 195	Sialkot
9	Page 45	Gujranwala	23	Page 122	Multan	37	Page 201	Talagang
10	Page 50	Gujrat	24	Page 128	Murree	38	Page 205	Toba Tek Singh
11	Page 55	Hafizabad	25	Page 132	Muzaffargarh	39	Page 211	Tonsa Sharif
12	Page 60	Jhelum	26	Page 137	Nankana Sahib	40	Page 217	Vehari
13	Page 65	Jhang	27	Page 142	Narowal	41	Page 223	Wazirabad
14	Page70	Kasur	28	Page 147	Okara			

Punjab Urban land Systems Enhancement (PULSE)
Board of Revenue, Punjab

Attock



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Babar Sarfraz Alpha	RPO	051-9273596- 9270631, 0300- 8601290	rpo.rwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Khadim Hussain Rd, Lalkurti, Rawalpindi
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Sardar Mavarhan Khan	DPO	057-9316026, 03339575550	dpo.att@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	579316440	pkm.attock@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near General Bus Stand, Attock
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Fozia Rehman	SI, 115/R, Incharge	3415169002	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Akash	VSO	0319- 8081206	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	057- 9316242 0333- 5417664	N/A	Monday To Saturday 8:00 AM to 4:30 PM	District Officer, SW, Near Sabze Mandi, Opposite Aslam Market, Attock

Sanatzar								
Women Protection Center (Shelter Home)	Govt/SW&BM	Medical Services, Legal Assistance, Psychosocial Support	Ayesha Kiran	District Women Protection Officer (DWPO)	057 9316241, 0320-3481737	shelterhomeattock@gmail.com	Monday To Saturday 8:00 AM to 4:30 PM	Opposite Nobel plaza near little angel school kamra road Officer Colony, Attock City
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority								
DHQ, Hospital, Kamara Road Attock	Govt/Hospital	Medical Services	Dr. Jawad Ellahi	Medical Superintendent (MS)	057-9316070, 0333-5946924	N/A	Monday To Saturday 8:00 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sahil	NGO/Private	Legal Assistance, Psychosocial Support	Imtaiz Ahmad Sumra	National Coordinator	0335-5157602	legalaid@sahil.org	Monday - Friday 9:00 AM To 5:00 PM	Office 13, Al-babar center, F-8 Markaz Islamabad
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline								

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	1043	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Bahawalnagar



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Rai Babar Saeed	RPO	062-9250351-2, 0309-7771612	- rpo.swl@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Officer, Bahawalpur Cantt, Bahawalpur
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Hafiz Kamran Asgar	DPO	063-9240053, 0301-7100590	dpo.bwn@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Satluj Park Road Bahawalnagar
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	632277782	pkm.bahawalnagar@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Thana City A Division, Bahawalnagar
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	ASI Sajjad Tariq,	Incharge	3007922441	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	M Asghar @ Arazo	VSO	3037059923	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Tania Iqbal,	PVSO	3090027113	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM								

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	603-9240076 0300-6346147	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Jail Road, Bahawalnagar
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Zill e Huma	District Women Protection Officer (DWPO)	063- 9240269, 0320- 3931737	havausman@gmail .com	Monday - Saturday 8:30 AM to 4:30 PM	Officer colony Near DC House Bahawalnagar
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051- 2305547, 0301- 8550011	pc.eu@asfpakistan .org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Bahawalnagar	Govt/Hospital	Medical Services	Dr. Muhammad Amir Raza	Medical Superintende nt (MS)	063- 9240245, 0300- 7928767	N/A	Monday - Saturday 8:30 AM to 4:30 PM	DC Office Road Tehsil & District Bahawalnagar
District Health Authority								
Helplines and Remote Support								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300- 0977097, 042- 35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)								
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwp.a.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A		N/A

Bahawalpur



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Akram Bhatti		062-9255010	N/A	Monday - Saturday 8:30 AM to 4:30 PM	CB1646-6A Muhammad Hussain Road Model Town Bahawalpur
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Rai Babar Saeed	RPO	062-9250351- 2, 0309- 7771612	rpo.swl@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Officer, Bahawalpur Cantt, Bahawalpur
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Hassan iqbal	DPO	062-9250360- 1, 0309- 7772003	dpo.bwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Farid Gate Rd, Bahawalpur Cantt, Bahawalpur
Police Khidmat Markaz	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	M Arshad Nadeem	ASI	0300- 6825019	arshadnadeem1551@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Officie BWP
Pujab Police	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Muhamamd Khalid Iqbal	Sub Inspector	0306- 7665042	mkalidiqbalasi@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Punjab police Rahim yar khan

Pujab Police	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Sajjad Tariq	ASI	0300-7922441	sajjadtrain.police@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Punjab police Rahim yar khan
Pujab Police	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Taj Muhamamd	ASI	0300-5049884	tajm91696@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Saraiki Chowk BWP
Police Khidmat Markaz	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	622200170	pkm.bahawalpur@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Saraiky chock, Cantt Bahawalpur
Police Khidmat Markaz								
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhammad Ayub	SI, Incharge	3006852265	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Imran Maqbool urf Sahiba	VSO	3448696083	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								

Shelter Home (Dar-ul-Aman)	Govt/PWPA	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Ms Faryal & Ishfaq	N/A	062-9239038, 0306-0729299, 0306-6320391	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Dilwar Colony Fauji Basti, Bahawalpur
Dar-ul-Falah								
Anti-rape Crisis Center	Govt/PWPA	Medical legal Examination Safety & Shelter Legal Assistant , Referral Services, Psychosocial Support		BVH	0346-0718347	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Child Protection Beure								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Mubushrah Ishfaq	Assistant Director	062-9255099, 0306-6320391	muburshrah.ishfaq@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Shelter Home Dilwar Colony BWP
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Tayyaba Munir	District Women Protection Officer (DWPO)	062-9330108, 0320-2691737	tayyeba79@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Dar-ul-Falah Street # 3 Almajeed paradise, Rafee Qamar Road One Unit Chowk, Bahawalpur
Women Protection Center (SBBHRCW)								
Women Protection Authority	Govt	Medical Services, Legal Assistance, Psychosocial Support	Yasmin Muslim	legal Advisor	0300-9685919	ahmedrehan505ii@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	
District Legal Improvement Committee	GOVT	Legal Aid		DC Office	0300-6841850	N/A	Monday - Saturday 8:30 AM to 4:30 PM	

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	062-9250299 0300-9681127	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Circular Road near Central Library, Bahawalpur
Dar-ul-Atfal (Female)	Govt/SW&BM	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	N/A	N/A	062-9250049	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Library Chowk, Bahawalpur
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
PRWSWO		Medical Services, Legal Assistance, Psychosocial Support	Naila Rehan Advocate	G Member	0301-4883955	naila.rehan95@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	Jalnai Plaza First Floor Allama Iqbal Town Civil Hospital Road , BWP
Health and Medical Support Services								
District Health Authority	Govt/Hospital	Medical Services	Dr. Aamir Bashir	CEO	062-9255213, 0303-6877000	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Marriam Rural Welfare Organization	NGO	Referral, Counselling, Psychosocial Support	Abdul Salam	President	0300-6844968	mrwopwp@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	H No 54 Street NO 2 Anwarabad BWP
Bahar Social Development Organization	NGO	Minority Rights, Referral, Counselling, Psychosocial Support	Adil Binameen	CEO	0307-6189739	bsdo.bwp.2023@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	Islamic Colony Street 7 House 35 Yazman Road BWP

Pelican Development Organization	NGO	Referral, Counselling, Psychosocial Support	Ms Uzma	MD	0300-7665951	pelicandevlopment.org@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	Fasial Colony BWP
Focus Trangender Orgnization	NGO	Referral, Counselling, Psychosocial Support	Sahiba Jahan		0344-8396083		Monday to Friday 9:00 AM to 5:00 PM	Millat Colony BWP
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwp a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A

Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Bhakkar



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Dr. Shazad Asif Khan	RPO	048- 9230111-13- 4, 0303- 7900001	rposargodha@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Jail Rd, Sargodha Regional Police Office
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Shahzad Rafique Awan	DPO	0453- 9200350- 1,0309- 7771077	dpo.bkk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Bhakkar
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0453-516222	pkm.bhakkar@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, DPO Office, Kacheri Road , Bhakkar
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Asmat Ullah	SI, Incharge	3454679091	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Atiqa Lal	VSO	3338057904	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Naseem Akhter	District Women Protection Officer (DWPO)	0453- 921214, 0320- 4471737	duabhakkar@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Superintendent Shelter Home Katchehry/ Civil Courts Road, Bhakkar
District Office Welfare & BM								

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	0453-9200045 0333-6843365	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Darya Khan Road, Bhakkar
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Bhakkar								
District Health Authority	Govt/Hospital	Medical Services	Dr. Mazhar Baloch	CEO	045-3921136, 0333-4217234	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline								
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Chakwal



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Babar Sarfraz Alpha	RPO	051-9273596-9270631, 0300-8601290	rpo.rwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Khadim Hussain Rd, Lalkurti, Rawalpindi
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Ahmed Mohiudin	DPO	0543-660066, 0333-5915333	dpo.ckl@punjabpolice.gov.pk	Monday - Saturday 9:00 AM To 5:00 PM	N/A
Punjab Police (Khidmat Markaz)	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	543666148	pkm.chakwal@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Ishara Chowk (Old 15 Chowk), Talagang Road, Chakwal City
Punjab Police (Khidmat Markaz)	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0543410861	Email: pkm.chakwal@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Talagang, Chakwal
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shamia Batool	SI, Incharge	0332-8511272		24/7	
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Neelum Rani	VSO	3077057301		24/7	
Psychosocial Support, Protection, and Shelter Services								
Women Protection Center (Shelter Home)								

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development <u>Partnerships & Exhibitions</u>	N/A	N/A	0543-550310, 0300-5471035	N/A	Monday To Saturday 8:00 AM to 4:30 PM	Office of Manager Sanatzar, Women Community Centre, Chakwal
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0543-543708 0300-5133541	N/A	Monday To Saturday 8:00 AM to 4:30 PM	District Officer, Social Welfare Complex, District Complex Chokora, Chakwal
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	
Health and Medical Support Services								
District Health Authority	Govt/Hospital	Medical Services	Dr. Saeed Akhtar	CEO	0543660163, 0301-5339925	N/A	Monday To Saturday 8:00 AM to 4:30 PM	N/A
District Headquarter Hospital, Chakwal								
Helplines and Remote Support								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Sahil								
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	1043	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	Z

Chiniot



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Zeeshan Asghar	RPO	041-9200610-11, 0333-6639282	rpo.fsd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office University Rd, Police Lines, Faisalabad
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Abdullah Ahmed	DPO	0476-9210022-4, 0334-7443444	dpo.cot@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Jhang Rd, Muqet Town Chiniot
Women Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	4769210027	pkm.chiniot@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Lari Adda(Bus Stand), Sargodha Road, Chiniot
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Malik Qamar	55/F, ASI, Incharge	3457707500	N/A	24/7	N/A
Psychosocial Support, Protection, and								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	047-6330233	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Room No. 16, DHQ Hospital, Chiniot

Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Kousar Batool	District Women Protection Officer (DWPO)	047-6330892, 0320-5841737	darulaman.chiniot18@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Shelter home, District Complex Near girls high school, Mohallah GhafoorAbad
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support								
District Headquarter Hospital, Chiniot	Govt/Hospital	Medical Services	Dr. Sadaf Naqvi	Medical Superintendent (MS)	047-9200120, 0333-6521004	N/A	Monday - Saturday 8:30 AM to 4:30 PM	DHQ Hospital Sargohda Road chiniot
District Health Authority	Govt/Hospital	Medical Services	Dr. Saiqib Munir	CEO	047-9210160, 0333-6586001	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Bedari								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741, 0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations

Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwp.official@pwp a.punjab.gov.pk	24/7	N/A
Rescue 1122								
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Dera Ghazi Khan



Name of Institution/ Organization	Type (Govt/NGO /Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Ibrar Buzdoar	N/A	064-9330234	N/A	Monday - Saturday 8:30 AM to 4:30 PM	H No 222 new Civil colony DG Khan
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt. ® Sajjad Hassan Khan	RPO	064- 9260471, 481, 0300- 8860253	rpo.dgk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Ketchery Road, City, Dera Ghazi Khan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt. ® Tariq Walait	DPO	064- 9260100-1, 0336- 3554545	dpo.dgk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Dera Ghazi Khan
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A		N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	649260098	pkm.dgkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Police Station Civil Line, Dera Ghazi Khan

Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	642601700	pkm.dgkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Taunsa, Dera Ghazi Khan
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shazia	Inspector, Incharge	3334352200	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Ghulam Sahabir (Shabbo Rani)	VSO	3359883133	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
Shelter Home (Dar-ul-Aman)	Govt/SW&BM	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Maria Khan	Assistant director	064-9260470 0336-1639789		Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Jail Road, DG KHAN
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic	N/A	N/A	064-9260557	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Near Central Jail, D.G. Khan
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	064-9260458	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Social Welfare Complex, College Road, D.G.Khan
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Surrayya Majeed	District Women Protection Officer (DWPO)	064-9260042, 0320-3281737	dwpodgk@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Sanatzar, Social Welfare Complex, Jail Road, Dera Ghazi Khan

Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org		N/A
Health and Medical Support Services								
District Headquarters	Govt/Hospital	Medical Services	N/A	N/A	0332-6307298	N/A	Monday - Saturday 8:30	N/A
District Health Authority	Govt	Medical Services	Dr. Atiq Ur Rehman	CEO	064-9260218, 0300	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741, 0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
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Faisalabad



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsperson Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Zahid Rafee	N/A	041-93304471	N/A	Monday - Saturday 8:30 AM to 4:30 PM	45-D peoples Colony 1 Satyana road Faisalabad
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Zeeshan Asghar	RPO	041-9200610-11, 0333-6639282	rpo.fsd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office University Rd, Police Lines, Faisalabad
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Sahabzada Bilal Omer	DPO	041-9200233-34, 0300-8613502	cpo.fsd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office University Rd, Police Lines, Faisalabad
Women Police Station	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	041-9200266, 0411-34934	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Kotwali Police Station, Near Police Station Civil Lines, Distt. Court Faisalabad
Police Khidmat Markaz, FCCI,	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	041-9230265	N/A	Monday - Saturday 9:00 AM to 5:00 PM	N/A

Women Police Station (Kotwali Police Station)	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	041-9200266	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Madiha Irshad,	SI, Incharge	3356826231	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Naina Ch.,	VSO	3118842828	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	041-9220026	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, 508 D, Peoples Colony No. 01, D Ground, Faisalabad
Sanatar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community	N/A	N/A	041-9220480	N/A	Monday - Saturday 8:30 AM to 4:30 PM	508-D Peoples Colony, Faisalabad
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Kanwal Shahzadi	District Women Protection Officer (DWPO)	0419-330715, 0320- 3251737	sbbwcfds@yahoo. com	Monday - Saturday 8:30 AM to 4:30 PM	Islam Nagar Riaz Shahid Chowk, Govt Dispensary Near Iqbal Stadium, Faisalabad
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sanam Zahra	Women Protection Officer (WPO)	0320- 3271737	sbbwcfds@yahoo. com	Monday - Saturday 8:30 AM to 4:30 PM	Islam Nagar Riaz Shahid Chowk, Govt Dispensary Near Iqbal Stadium, Faisalabad
Punjab Women Protection Authority (Dar ul Amaan)								

Legal Aid Services								
Pro Bono Lawyer								
Pro Bono Lawyer	Private	Shehroz Khokar Advocate	N/A	N/A	0300-6044372	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
Govt. General Hospital Samanabad, Faisalabad City, Faisalabad	Govt/Hospital	Medical Services	Dr. Shahbaz Ahmad	Medical Superintendent (MS)	041-9330600, 0300-7947490	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Nusrat Fateh Ali Khan Hospital, Faisalabad City, Faisalabad	Govt/Hospital	Medical Services	Dr. Masood Ahmad	Medical Superintendent (MS)	041-9330586, 0301-4529086	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
District Health Authority	Govt/Hospital	Medical Services	Dr. Shahbaz Ahmad	CEO	041-9200013, 0300-7947490	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
AWAM Pakistan	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Nazia Sardar		041-8554335	N/A	Monday to Friday 9:00 AM to 5:00 PM	Street No. 1, Block B, House No. 98/15, Al-Fayyaz Colony Near Jamia Amdadia, Satyana Road
Sahil	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	House No. 212, Block No. A-1, Johar Town Lahore

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwa.official@pwwa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Gujranwala



Name of Institution/ Organization	Type (Govt/NGO/Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office Gujranwala	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Waqas Younis	N/A	055-9330110	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Regional Office House No.2 Khawaja Street D.C Road Near Allied Bank, Gujranwala.
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Tayyab Hafeez Cheema	RPO	055-9200604- 601-2, 0300- 8719666	rpo.grw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Office (RPO) GT Road, Near Police Lines, Gujranwala
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	M Ayyaz Saleem	DIG/CPO	055-9200606- 7, 0300- 8642064	cpo.grw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	City police office, Civil Lines, Gujranwala
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	553821306	pkm.gujranwala@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Ashraf Marth Shaheed Police Lines, Gujranwala
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	556810901	pkm.gujranwala@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Kamoki, Gujranwala

Police Khidmat Markaz	Govt/Police	Follow-up Services, Referral Services, Legal Assistant			54660002	pkm.gujranwala@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Wazirabad, Gujranwala
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhamamd Ehtisham Iqbal	GL/116, Incharge	3007476240	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Bunty	VSO	3005109742	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	055-9200146	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Abdullah Street No. 1, Gill Road, Near Najeed Mamorial Girls High School, Near Civil Lines, Gujranwala
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	055-9200406	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Jinnah Road Near Under Pass, Gujranwala
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Shahida Waris	District Women Protection Officer (DWPO)	055-9330619, 0320-5641737	shahidashabbir1001@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	539-C Satellite Town near Nursery Chowk, Gujranwala
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan								
Health and Medical Support Services								

District Health Authority								
Helplines and Remote Support								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)								
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwa.official@pwwa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A

Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Gujrat



District Office Welfare & BM	Govt/PWPA	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	053-9260134	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Office, House No. 8384, near Tanki Ground, Murghzar Colony, Gujrat.
Sanatzar								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Nasreen Chaudhary	District Women Protection Officer (DWPO)	0533-603595, 0320-5451737	darulamangrt@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Shelter home, Prince Chok Near Kidney Center, Gujrat
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority								
Helplines and Remote Support Services								
Bedari								

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122								
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Medical Services, Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Medical Services, Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Hafizabad



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Law Enforcement and Justice Services								
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Atif Nazir	DPO	0547-920131, 0323- 9998100	– dpo.hfz@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Gujranwala Rd, Hafizabad
Police Khidmat Markaz	Govt/Police	Follow-up Services,Referral Services, Legal Aid	N/A	N/A	547525420	pkm.hafizabad@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Fawara Chowk, In front of New Police Station, Hafizabad
Police Khidmat Markaz	Govt/Police	Follow-up Services,Referral Services, Legal Aid	N/A	N/A	547531419	pkm.hafizabad@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Pindi Bhattian, Hafizabad
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shahid Rafique	ASI, Incharge	3110300010	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhammad Ijaz @ Saima	VSO	3466511512	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0547-524126	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Near Double section, Girls School, Upper Story of National Saving Center, Hafizabad

Sanatzar								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Amna Ghani	District Women Protection Officer (DWPO)	0547-920083, 0320-5481737	darulamanhafizabad@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	District Complex Near DPO House Hafizabad
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	24/7
Health and Medical Support Services								
District Headquarter Hospital, Hafizabad								
District Health Authority	Govt/Hospital	Medical Services	DR. FARJAD BUTT	CEO	0300-9629528	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline								
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Jhelum



Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sohail Nasir	District Women Protection Officer (DWPO)	0544-230417, 0320-3671737	dua.jhelum@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Behind islamia school for boys Muhammadiya chowk Mohallah Abass Pura, Jhelum
District Office Welfare & BM								
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	0544-9270199 0333-5924025	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar Near Islamia High School, B-J/1012, Jhelum
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority								
District Headquarter Hospital, Jhelum	Govt/Hospital	Medical Services	Dr. Sohail Ijaz	Medical Superintendent (MS)	0544-920262, 0300-9850485	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Old G.T. Road, Jada, Jhelum
Helplines and Remote Support Services								

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozang.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline								
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A

Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Jhang



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Zeeshan Asghar	RPO	041-9200610-11, 0333-6639282	rpo.fsd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office University Rd, Police Lines, Faisalabad
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt® Bilal Iftikar	DPO	047-9200444, 0334-4640501	dpo.jhg@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Saddar Jhung
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	479200315	pkm.jhang@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Opposite of Main Gate, District Jail, Jhang
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shahid Latif	(ASI) Incharge	3349943780	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	M. Sakeel Deedar Ch.	(VSO)	3016588317	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	047-9200280	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, City Road, Chah Shadi Wala, Jhang

Women Protection Center (Shelter Home)								
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	047-9200118 0301-6003987	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Khaki Shah Road, Jhang, Saddar.
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarters Hospital Rahim Yar Khan								
District Health Authority	Govt/Hospital	Medical Services	Dr. M. Ahmad Shahzad	CEO	047-9200139, 0307-3875541	N/A	Monday - Saturday 8:30 AM to 4:30 PM	
Helplines and Remote Support Services								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline								
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A

Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Kasur



Name of Institution/ Organization	Type (Govt/NGO/Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsperson Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Mr. Ch. Iqbal Ahmad	District Regional Office Kasur. D.C.O Complex, Near Zila Katchery, Kasur	056-9200220	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Law Enforcement and Justice Services								
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	M Esa Khan	DPO	049-9250137, 0309-7771181	dpo.ksr@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Near Kacheri, Lahore – Kasur Rd, Kasur
A - Model, Division Police Station	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Mr. Darakshan Nageer	N/A	049-9250161	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Baldia Chowk, Kasur Division - A
Kasur Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Musarat	N/A	0301-4986932	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Kasur City Thana Division A

Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Mr. Faisal Abbas	N/A	049-2724992	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Kachery Road DPO Office, Kasur
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	494423333	pkm.kasur@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Pattoki, District Kasur
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	492724992	pkm.kasur@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	DPO office, District Kasur
Psychosocial Support, Protection, and Shelter Services								
District Social Welfare Office								
Social welfare department	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Ms. Shanila	Social need officer kasur	0301-3134053	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	049-9239082 0301-6582508	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Beroon Kot Deen Chapar, Ganda Talab, Hari Har, Kasur.
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sidra Taj	District Women Protection Officer (DWPO)	049-2727209, 0320-3861737	shelterhomekasur@yahoo.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex Near Officer Colony Kasur
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Ayesha Siddqa	Women Protection Officer (DWPO)	0320-3891737	ayeshasaddiqa690@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex Near Officer Colony Kasur
Legal Aid Services								
Women Crisis Centre	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	N/A	N/A	N/A	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Bedari								
Good Thinker Organisation	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Mr. Awais		0300-6582300	awais_cws@yahoo.com	Monday - Saturday 8:30 AM to 4:30 PM	House No. 104. Sr. No. 1, Abu Bakar Block, Saleem Town, Kherrri Kran Road, Kasur.
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	N/A
Health and Medical Support Services								
District Headquarters Hospital	Govt/Hospital	Medical Services	Dr. Capt R Asad Akram	Medical Superintendent (MS)	499250096, 0306-8869490	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Head Quarter Hospital, Kasur
District Health Authority	Govt/Hospital	Medical Services	Dr Ghulam Mustafa Saher	CEO	049-9250063, 0333-4646217	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A

Helplines and Remote Support Services								
Sahil	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 212, Block No. A-1, Johar Town Lahore
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Khanewal



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsperson Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Muhammad Nawaz, Muhammad Mohsin	N/A	03007064358 , 03061909056	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt® Sohail Ahmed Main	RPO	061-9200425- 861, 0302- 8332627	rpo.mux@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Qasim Road, Airport Chowk, Multan Cantt Residential Area, Multan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Ismail ur Rehman	DPO	065- 9200175, 0321- 8551515	dpo.knw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	District Police Officer, District Courts Road, Khanewal
A - Model, Division Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A		N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	659200377	pkm.khanewal@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	PKM, Police khidmat markaz, Near Police Station, Katchery Road, Khanewal

Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	652661186	pkm.khanewal@pu.njabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Mian Channu, Khanewal
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Zarina,	SI, Incharge	3336064833	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	M.Shahzad (Sonia),	VSO	3099530042	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	065-9200089	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Near Yousaf Park, Khanewal
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	065-9200282 0332-4807404	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Office, adjacent Commerce College near Gujjar Chowk, 3-Marla Scheme, Peoples Colony, Khanewal.
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Fozia Nazar	District Women Protection Officer (DWPO)	065-9200282, 0320-4751737	Superintendent.shelterhomekwl@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	People colony Gujjar Chowk near commerce college, Khanewal
Legal Aid Services								
Family Courts								

Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	
Health and Medical Support Services								
District Headquarters Hospital Khanewal	Govt/Hospital	Medical Services	Dr. Ammara Ali	Medical Superintendent (MS)	065-9200210, 0303-0872497	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Jahanian Bypass chowk kot alaa singh, tehsil Khanewal, District Khanewal
District Health Authority	Govt/Hospital	Medical Services	DR. Asif Mehmood	CEO	659200137, 0313-3591122	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Medical Social Services Project, DHQ Sheikh Zaid Hospital, R. Y. Khan.
Helplines and Remote Support Services								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741, 0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Khushab



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Dr. Shazad Asif Khan	RPO	048-9230111- 13-4, 0303- 7900001	rposargodha@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Jail Rd, Sargodha Regional Police Office
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Ammara Shahzadi	DPO	0454- 720726, 0300- 4010777	dpo.ksb@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office, Jauharabad Khushab
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	045-9231133		Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	045-492003	pkm.khushab@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	Police Khidmat Markaz Khushab at DPO office Jauharabad
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Farhat-un- Nisa,	336/L/ASI, Incharge	3006079953	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Ikram Ullah @ Natasha,	VSO	3071010929	N/A	24/7	N/A

Psychosocial Support, Protection, and Shelter Services								
Shelter Home (Dar-ul-Aman)								
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sadia Feroz	District Women Protection Officer (DWPO)	0454-920044, 0320-2851737	saadia-feroz@yahoo.com	Monday - Saturday 8:30 AM to 4:30 PM	House # 5, Street No.1, Near Ameer Medical Complex, Sujra colony, Jauharabad
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Um.e.Aimen	Women Protection Officer (WPO)	0320-2851737	umeaimenwpokhb@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	House # 5, Street No.1, Near Ameer Medical Complex, Sujra colony, Jauharabad
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Khushab	Govt/Hospital	Medical Services	Dr. Asif Mehmood Ahmad	Medical Superintendent (MS)	454920086, 0300 6073473	N/A	Monday - Saturday 8:30 AM to 4:30 PM	DHQ Hospital Khushab Jauharabad
District Health Authority								
Helplines and Remote Support Services								

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)								
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A

Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Kot Addu



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	N/A	N/A	066-9200311-2	dpo.mzg@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Noor Shah Road, Kot Addu
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	066-2423900	pkm.muzzafargarh@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Police Station, D.G.Khan Road, Muzaffargarh
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	066-2242129	pkm.muzzafargarh@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Kot Addu, Muzaffargarh
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	066-9200084	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Jail Road, Near Purane Chungi, Sanatzar Building, Muzaffargarh

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	066-9200085 0345-7145566	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Jail Road Old Chungi, Muzaffargarh.
Shelter Home (Dar-ul-Aman)	Govt/PWPA	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	N/A	N/A	066-9239004 0333-7165454	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Near Yadgar club Shah Jamal Road, Muzaffargarh
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Muzaffargarh	Govt/Hospital	Medical Services	N/A	N/A	066-9200226	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Ali Pur Road, Muzaffargarh
Tehsil Headquarter Hospital, Kot Adu, Muzaffargarh	Govt/Hospital	Medical Services	N/A	N/A	662243119	N/A	Monday - Saturday 8:30 AM to 4:30 PM	THQ KOT ADDU, DISTRICT KOT ADDU
Helplines and Remote Support Services								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Roazan counseling helpline (RCHL)								

Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station								
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support, Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft, Hacking	N/A	N/A	1799	N/A	24/7	N/A

Lahore



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Government institutions Provincial Offices								
Edhi Trust	Govt	Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	042-440159	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Hilal-e-Ahmar								
Human Rights Center For Women	Govt	Shelter Home Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	N/A	N/A	042-99230058	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Shirkat Gah	Govt	Referral Services, Psychosocial Support	N/A	N/A	042-35838815	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Punjab Human Rights & Minorities Affairs Department	Govt	Implementation OF Basic Rights of Minority Marriage License Address GBV issue within the Minority Communities	Public Information Officer Deputy Secretary (Minorities Affairs)	N/A	042-99205136 042-99205139	dsa@hrma.punjab.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Address 24 C-II, Gulberg-III, Lahore
Ministry of Human Rights Punjab, MoHR	Govt	Immediate response Referral Services, Psychosocial Support Legal Aid, Address GBV issue within the Minority and Transgender Communities	Ali Mazari PRO/DDO	Regional Director	042-99231968 042-99232505	N/A	Monday - Saturday 8:30 AM to 4:30 PM	148- Block A Muslim Town, Lahore
Social Welfare Department Punjab	Govt	Shelter Home Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Section Officer (General) Director Program	N/A	(042) 99232181 (042) 99204149, 99204768 (042) 99204150	N/A	Monday - Saturday 8:30 AM to 4:30 PM	M-Block Near International Market Model Town, Lahore
Punjab Social Protection Authority	Govt	Shelter Home Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Maqsood Ahmed	N/A	042 - 99232359-60 Cell- 03008424754	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Address:78-79, D-Block, New Muslim Town, Wahdat Road, Lahore, Punjab 54000.

Women Development Department	Govt	Shelter Home Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Usman Ahmed	Secretary	N/A	https://wdd.punjab.gov.pk ; +92-42-99332496	Monday - Saturday 8:30 AM to 4:30 PM	Women's Development Department. Civic Center G-Block Sabzazar, Lahore, Pakistan;
Punjab Commission on the Status on Women								
Punjab Women Protection Authority	Govt	Shelter Home Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Ms. Kalsoom Saqib	Director General	042-99333817	pwpa.official@pwpa.punjab.gov.pk .	Monday - Saturday 8:30 AM to 4:30 PM	Punjab Women Protection Authority Near Filter Hospital, Wahdat Colony, Lahore. Punjab
Police Khidmat Markaz	Govt	Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-	Front Desk Representative	N/A	(042) 99233221	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Address: Outside Arfa Software Technology Park 346-B Lahore- Kasur Road, Ferozepur Road, Nishtar Town, Lahore, Punjab
Punjab Commission On The Status Of Women	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Mr. Imran Javed Qureshi	N/A	0322-4808909	N/A	Monday - Saturday 8:30 AM to 4:30 PM	88 Shadman II, Lahore
Ombudsperson Offices								
Ombudsman Office Lahore - 01								
Ombudsman Office Lahore - 02	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Mr. Ch. Muhammad Saleem	N/A	042-99233342	N/A	Monday - Saturday 8:30 AM to 4:30 PM	House No. 53-A Garden Town Near Raja Marketm Lahore
Ombudsman Office Lahore - 03								
Ombudsman Office Lahore	Govt	Complaint Redressal Mechanism Implementation of GBV Laws	N/A	N/A	042-99233348-	N/A	Monday - Saturday 8:30	197-Abu Bakar Block Garden Town Lahore

Law Enforcement and Justice Services								
CCPO officie								
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	N/A	N/A	042-99202976	ccpo.lhr@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Rubina Iqbal	N/A	042-99211356	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Naulakha Circle, Akbari Gate
Women Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Tooba Munir	SHO	0304-0444195, 042-99211075	N/A	Monday - Saturday 8:30 AM to 4:30 PM	14 Shahrah Aiwan-e-Sanat-o-Tijarat, G.O.R. - I, Lahore
Women Police Station, Racecourse Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	SHO	0304-0444195	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Asma Noreen	3786 /LTW, Incharge	3234429313	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Zanaya Ch	VSO	3224595343	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A

Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Kashish Khan	VSO	3261003217	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Sanwal Maqsood,	Sub-Inspector, Incharge	3114683021	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Masooma	VSO	3091455120	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shazia Tabassum		3466818696	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Izna Khanzadi	VSO	3014122251	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Raana Afzal Chatha	Assistant director	042- 37468403, 042- 99212928- 99212927	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Near Gulshn Iqbal Park, Moon Market, Allama Iqbal Town, Lahore
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	042- 99239806 0301- 4017075	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Township, Sector D-I Near Omar Chowk, Lahore
Dar-ul-Falah	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	042- 35122895	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Office, 36/30 Near Police Station Nawan Kot, Band Road, Chowk Yateem Khana, Lahore.

Women Protection Center	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Rabia Usman	District Women Protection Officer (DWPO)	042-99333893, 0320-2421737	womencenterhr@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Near filter hospital wahdat road wahdat colony Lahore
Shelter Home	Govt/SW&BM	Medical Services, Legal Assistance, Psychosocial Support	Raana Afzal Chatha	Assistant director	042-37468403		Band Road, Near Court, Police Station	Social welfare complex shamsabad Rawalpindi
Women Protection Center	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Uzma Raza	Women Protection Officer (WPO)	042-35405215, 0320-2421737	razah1269@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Near filter hospital wahdat road wahdat colony Lahore
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	N/A
Bali Crisis Shelter for Women & Children	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Ms. Aqsa Naqvi	N/A	042-36617178, 0311-4353718	N/A	Monday - Saturday 8:30 AM to 4:30 PM	House No. 1-C/2, Canal Park, Sikander Malhi Road, Gulberg II, Lahore
Christians Through Spirit	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Ms. Katherine Sapna Karamat	N/A	042-36299556, 0305-4831404	N/A	Monday - Saturday 8:30 AM to 4:30 PM	5-G Waris Road, Lahore
Dastak	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Ms. Sabahat Riaz	Manager	0333-4161610	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Plot No. 748, Sabzazar Block-N Sabzazar Housing Scheme Phase 1 & 2
AGHS Legal Aid Cell	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Ms. Robina Shaheen	Women Protection Officer	0300-8427079	N/A	Monday - Saturday 8:30 AM to 4:30 PM	59-G, Gulberg III
Proficient Light Society under LAPC Law Firm	Private	Medical Services, Legal Assistance, Psychosocial Support	Mr. Imran Javed Qureshi	N/A	0322-4808909	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Chamber No. 70, 2nd Floor, Heera Mansion, Opposite PLD Publishers, Nabha Road

Health and Medical Support Services								
District Health Authority	Govt	Medical Services	Dr. Asif Khan Niazi	CEO	042-99200980, 0312-5580015	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Govt. Mian Meer Hospital, Lahore Cantt, Lahore	Govt/Hospital	Medical Services	Dr. Hafiz Ahmed Ghous	Medical Superintendent (MS)	4237174502, 0333-4386997	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sahil	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 212, Block No. A-1, Johar Town Lahore
Aurat Foundation	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Nabila Shaheen	Provincial Manager	0300-4299778	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 18 Zaman Park, Canal Bank, Lahore
Christian Legal Centre	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	N/A	N/A	0300-8423401	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No.160 - Hamza Town, Opposite Yuhannabad, Ferozepur Road
Depilex Smileagain Foundation	NGO/Private	Referral, Counselling,	N/A	N/A	042-35692874-5, 042-35890003	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Plot No. 127/Commercial Area, 2nd Floor, Block DD, Phase IV, Lahore
Digital Rights Foundation	NGO/Private	Referral, Counselling,	Ms. Shmyla Khan & Ms. Jannat Fazal	N/A	N/A	Shmyla@digitalrightsfoundation.pk; Jannat@digitalrightsfoundation.pk	Monday - Saturday 9:00 AM to 5:00 PM	House No. 180-A, Garden Block, Garden Town, Lahore
Shirkat Gah	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	N/A	N/A	042-35838815	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Tipu Block Garden Town, Lahore, Punjab

Society for Human Rights & Prisoners' Aid	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Hamid Latif	Advocate	0333-5089610	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 365, Pak Block, Allama Iqbal Town, Lahore, Pakistan
Women In Struggle Environment (WISE)	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Bushra Khalid	Executive Director	0321-9402316	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Sufi Mansion Basement, & Egerton Road
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft ,Hacking	N/A	N/A	1799	N/A	24/7	N/A

Layyah



District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0606-413743	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Near DC Office, Layyah
Sanatzar								
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sadia Tasleem	District Women Protection Officer (DWPO)	0606- 920283, 0320- 5931737	shelterhomely@g mail.com	Monday - Saturday 8:30 AM to 4:30 PM	Wapda road opposite Social Welfare & Bait-ul- Maal complex near DPO office Layyah
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051- 2305547, 0301- 8550011	pc.eu@asfpakista n.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Layyah								
District Health Authority	Govt	Medical Services	Dr. Shahid Riaz	CEO	0606 920055, 0333 6113376		Monday - Saturday 8:30 AM to 4:30 PM	
District Health Authority								
Helplines and Remote Support Services								

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Sahil								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Lodhran



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt ® Sohail Ahmed Main	RPO	061- 9200425- 861, 0302- 8332627	rpo.mux@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Qasim Road, Airport Chowk, Multan Cantt Residential Area, Multan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt ® Ali bin Tariq	DPO	0608- 922062-63, 0345- 4624444	dpo.ldh@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Bahawalpur Rd, Lodhran
Violence against women center	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Fozia Sahar	N/A	0308- 7718967	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	608362015	pkm.lodhran@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	PKM, Rescue 15 Office, Saddar chowk, Main Bahawalpur Multan Road, Lodhran
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Fozia Sehr	SI M/262, Incharge	3087718967	N/A	24/7	N/A

Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhammad Ibrar @ Mahnoor	VSO	3071702639	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
Shelter Home Dar-ul-Aman								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0608-923029-923081	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Lodhran
District Social Welfare Office	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Muhammad Ishtiaq	N/A	0300-9681127	N/A	Monday - Saturday 8:30 AM to 4:30 PM	100M Lodhran
District Bait-Ul-Mal	Govt/SW&BM		Malik Mumtaz Khalil		0308-8603205	mubushra.ishfaq@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Near Gala Market Lodhran
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	N/A	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Office, House No. 30-C, Street No. 3, Farooq Town Lodhran.
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
AGHS Legal Aid Cell								

Health and Medical Support Services								
District Headquarter Hospital,	Govt/Hospital	Medical Services	Dr. Muhammad Aurangzaib	Medical Superintendent (MS)	0608-362488, 0345-5998080		Monday - Saturday 8:30 AM to 4:30 PM	
District Health Authority								
Helplines and Remote Support Services								
Free Legal Aid services	Govt/Helpline	Referral, Counselling,	Rao Hadi	N/A	0300-9656474	N/A	Monday to Friday 9:00 AM to 5:00 PM	12-MPR, Shujabad road Lodhran
District Bar Association Lodhran	Govt/Helpline	Referral, Counselling,	Rana Mansoor	N/A	0300-8865180	N/A	Monday to Friday 9:00 AM to 5:00 PM	District Judicial Complex Lodhran
PRSP	Govt/Helpline	Referral, Counselling,	Shabana Nargis	N/A	0302-7197688	N/A	Monday to Friday 9:00 AM to 5:00 PM	Wukla Colony, Kumharon wali street, Multan road Lodhran
Akhuwat-Lodhran	Govt/Helpline	Referral, Counselling,	M. Waseem Raja	N/A	0305-8588426	N/A	Monday to Friday 9:00 AM to 5:00 PM	Near Lari adda, Galla Mandi Lodhran
Christian Development Org.	Govt/Helpline	Referral, Counselling,	Jacob Aftab	N/A	0300-7810085	N/A	Monday to Friday 9:00 AM to 5:00 PM	Chak 26M, near Pul Bazari Khanewal road Dunyapur
Akhuwat-Dunyapur	Govt/Helpline	Referral, Counselling,	Imran raza	N/A	0301-7127218	N/A	Monday to Friday 9:00 AM to 5:00 PM	Near Masjid Ismael. Basti Noor Peer
Al Raheem Development Organization	Govt/Helpline	Referral, Counselling,	Allah Ditta Anjum	N/A	0300-7812152	N/A	Monday to Friday 9:00 AM to 5:00 PM	Serani Muhalla Saeed Chowk Dhanot

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
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Mandi BahaudDin



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Tayyab Hafeez Cheema	RPO	055-9200604-601-2, 0300-8719666	rpo.grw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Office (RPO) GT Road, Near Police Lines, Gujranwala
DPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Waseem Riaz	DPO	0546-502324, 0323-5989999	dpo.mbd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office, opposite District Complex, Phalia road, Mandi Bahauddin.
Police Khidmat Markaz	Govt/Police	Follow-up Services,Referral Services, Legal Aid	N/A	N/A	546581205	pkm.mandibahauddin@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Malakwal, Mandi Bahauddin
Police Khidmat Markaz	Govt/Police	Follow-up Services,Referral Services, Legal Aid	N/A	N/A	546566512	pkm.mandibahauddin@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Phalia, Mandi Bahauddin
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhamamd Faisal Mukhtar	T/ASI, Incharge	3007752924	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Imran Khan Urf Noor,	VSO	3157804890	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM								

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	0546-501540 0334- 7503854	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Social Welfare, Mandi Bahauddin.
Punjab Women Protection Authority (Dar ul Amaan) Dar ul Amaan, Mandi Bahauddin	Govt/PWPA	Implementation of the Law Women Protection Centers (WPCs) Case Management & Coordination Legal & Psychosocial Support Monitoring & Accountability Capacity Building & Awareness Emergency Response & Helpline Economic Empowerment & Rehabilitation Mediation and Rehabilitation	Mehreen Farooq	N/A	N/A	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Old Rasool Road Near Yasar Palaza M.B.Din.
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Mahreen Farooq	District Women Protection Officer (DWPO)	0546- 521877, 0320- 5621737	darulaman.mbdin @g mail.com	Monday - Saturday 8:30 AM to 4:30 PM	Old Rasool Road Near Yasar Plaza Mandi Bahauddin
Health and Medical Support Services								
District Headquarter Hospital, Mandi Bahuddin								
District Health Authority	Govt/Hospital	Medical Services	Dr Kiran Arshad	Medical Superintendent (MS)	0312- 4284141	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Legal Aid Services								
Acid Survivor Foundation (ASF)	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051- 2305547,	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM	N/A
Helplines and Remote Support Services								
Bedari								

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwp.official@pwp.a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A

MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Mianwali



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Dr. Shazad Asif Khan	RPO	048-9230111-13-4, 0303-7900001	rposargodha@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Jail Rd, Sargodha Regional Police Office
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt® M.Ajmal	DPO	0459-920092-29, 0333-6634777	dpo.mwi@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Talagang Road Police Lines Mianwali
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	045-9231133	pkm.mianwali@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	PKM, Jahaz Chok, Mianwali
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	045-9395375	pkm.mianwali@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Kukran Wala Kalabagh, Mianwali

Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	045-9241221	pkm.mianwali@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Katcha Pacca Morr Kundian, Mianwali
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	045-9296266	pkm.mianwali@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Harnoli Morr, Mianwali
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Kaleem Ullah Khan,	ASI, Incharge	0300-6082309	N/A	24/7	N/A
Police Tahaffuz Markaraz								
Psychosocial Support, Protection, and Shelter Services								
Shelter Home (Dar-ul-Aman)	Govt/PWPA	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	N/A	N/A	N/A	0459-381221 0331-7701993	Monday - Saturday 8:30 AM to 4:30 PM	House # 6 G-F-127?5, raffi Ullah Khan Son of Mr. Samand Khan Mohalla Nai abadi, Ibrahimabad, Sadar Chowk, Mianwali
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0459-920253-920177	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Kala Bagh Road, Mianwali

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	0459-920139 0345-7643580	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Social Welfare, Gulistan Road Bagh Chungi, Mianwali.
Women Protection Center (SBBHRCW)								
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sumaira Siddque	Women Protection Officer (WPO)	0320-2881737	javedsumairajave786@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	women protection center Mianwali B and R colony near Darulamaan Mianwali
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
Mother and Child Hospital, Mianwali								
District Headquarter Hospital, Mianwali	Govt/Hospital	Medical Services	Ameer Ahmed Khan	Medical Superintendent (MS)	0459-920222, 3336057555	N/A	Monday - Saturday 8:30 AM to 4:30 PM	THQ Hospital Esa Khel
District Health Authority	Govt/Hospital	Medical Services	Dr. M. Rafique Khan	CEO	0459-920133, 0300-6081068	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwa.official@pwwa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A

Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Medical Services,Referral Services, Psychosocial Support,	Helpline	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Medical Services,Referral Services, Psychosocial Support,	Helpline	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid		N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline		N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute		N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking		N/A	N/A	1799	N/A	24/7	N/A

Multan



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsperson Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Naeem Chauadhary		061-9330262	N/A	Monday - Saturday 8:30 AM to 4:30 PM	68-D shah Rukan Alam Colony Multan
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt ® Sohail Ahmed Main	RPO	061- 9200425- 861, 0302- 8332627	rpo.mux@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Qasim Road, Airport Chowk, Multan Cantt Residential Area, Multan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Sadiq Ali	CPO	061- 9200437, 0309- 7772003	cpo.mux@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Altaf Town, Multan
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	061-4501907	pkm.multan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Police 15 Center, Qilla Kohna Qsim Bagh, Multan
Police Khidmat Markaz, Police 15 Center, Qilla Kohna Qsim Bagh	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	061-4501907, 061-9330380, 061-9330381	N/A	Monday - Saturday 9:00 AM to 5:00 PM	N/A

Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shumaila,	ASI, Incharge	3017429172	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shahid Hussain Mahi,	VSO	3008899718	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM								
Human Rights Commission of Pakistan HRCP's Complaint cell	Govt		N/A	N/A	061-451 7217 0300-632 5401	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Dar-ul-Falah	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0300- 6302550	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Moza Tarf Mubarik, Nishtar College Road, Multan.
Violence Against Women Center (VAWC)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Muneeza Manzoor	District Women Protection Officer (DWPO)	(061) 9220544, 0320- 2471737	dwpomultan@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Dehar chowk Near Bakhtawar Amin Hospital, Northern Bypass Matti Tul Road Multan
Violence Against Women Center (VAWC)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Silvat Shafi	Women Protection Officer (WPO)	0320- 2471737	vawcsilvatshafi@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Dehar chowk Near Bakhtawar Amin Hospital, Northern Bypass Matti Tul Road Multan
Sanatzar								
Legal Aid Services								
Pro Bono Lawyer								

Pro Bono Lawyer	Private	Legal Assistance	Shazia Nisar		0334-6096403	N/A	Monday to Friday 9:00 AM	N/A
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
Govt. Shahbaz Sharif District Headquarter Hospital, Multan City, Multan	Govt/Hospital	Medical Services	Dr. Tanzeel ur Rehman Faiz	Medical Superintendent (MS)	614487462, 0331-4809354	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Near Bahawalpur bypass chowk Muzaffargarh Road Multan
District Headquarter Hospital, Multan Sadar, Multan	Govt/Hospital	Medical Services	Dr. Ghulam Yasin Sabir-Addtl	Medical Superintendent (MS)	614396014, 0300-6307847	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Tehsil Head Quarter Hospital, Tehsil Shujabad, District Multan
District Health Authority	Govt/Hospital	Medical Services	Dr. Soban Zia	CEO Multan	0300 8502477	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Medical Social Services Project, DHQ Sheikh Zaid Hospital, R. Y. Khan.
Helplines and Remote Support Services								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations

Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwp.a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
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Murree



Name of Institution/ Organization	Type (Govt/NGO/Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Babar Sarfraz Alpha	RPO	051-9273596-9270631, 0300-8601290	rpo.rwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Khadim Hussain Rd, Lalkurti, Rawalpindi
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Asif Amin Awan	DPO	051-9269277, 0306-97676767	dpo.mure@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Psychosocial Support, Protection, and Shelter Services								
Shelter Home	Govt/SW&BM	Medical Services, Legal Assistance, Psychosocial Support	Ayesha Latif	Assistant director	051-4930203	N/A	Monday To Saturday 8:00 AM to 4:30 PM	Social welfare complex shamsabad Rawalpindi
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	N/A
Dareecha	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Mr. Muhammad Usman	N/A		usmanmalikmo@gmail.com	Monday - Friday 9:00 AM To 5:00 PM	House No. 292-D, Block Number D, Satellite Town, Rawalpindi
Health and Medical Support Services								
District Health Authority	Govt/Hospital	Medical Services	Dr. Naveed Akhtar	CEO	0307-8992383	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A

TB Samti Sanatorium Tehsil Murree	Govt/Hospital	Medical Services					Monday - Saturday 8:30 AM to 4:30 PM	
Helplines and Remote Support Services								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Sahit								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline								
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)								
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	1043	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Muzaffargarh



Name of Institution/ Organization	Type (Govt/NGO/Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt. ® Sajjad Hassan Khan	RPO	064-9260471, 481, 0300- 8860253	rpo.dgk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Ketchery Road, City, Dera Ghazi Khan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Syed Ghazanfar Ali Shah	DPO	066-9200311- 2, 0302- 0779287	dpo.mzg@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Railway Rd, Muzaffargarh
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Abid	ASI	066-2423900, 0300- 0433882	pkm.muzaffargarh@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Police Station, D.G.Khan Road, Muzaffargarh
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	066-2242129	pkm.muzaffargarh@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Kot Addu, Muzaffargarh
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Abid Rehan	ASI, 682/DG, Incharge	3000433882	N/A	24/7	N/A

Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shahana Abbas	VSO	3136861148	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM								
Sanatarz	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	Klizar Hayat Khan	N/A	066-9200085 0345-7145566	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatarz, Jail Road Old Chungi, Muzaffargarh.
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Hina Javed	District Women Protection Officer (DWPO)	0320-3431737, 066-9200020	womencentermuzaffargarh@yahoo.com, hinajaved5015@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Jail Road Near Purani Chungi No. 2, Muzaffargarh
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org		
Health and Medical Support Services								
District Headquarter Hospital, Muzaffargarh	Govt/Hospital	Medical Services	Dr. Muhammad Naseer	Medical Superintendent (MS)	066-9200226, 033 3 7172594	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Ali Pur Road, Muzaffargarh
District Health Authority								
Helplines and Remote Support Services								

Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)								
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Nankana Sahib



Name of Institution/ Organization	Type (Govt/NGO/Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Faraz Ahmed	DPO	056-9201100, 0340-4300010	dpo.nks@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Mananwala, Bypass, Shahkot Rd, Nankana Sahib
Police Khidmat Markaz	Govt	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0562-877423	pkm.nankanasb@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Rescue 15 Office, Near Bus stand, Nankana Sahib
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Nazim Abbas	T/ASI, Incharge	3040446746	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Ghulam Murtza	VSO	3069081953	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Iram Baneen	District Women Protection Officer (DWPO)	056 2874299, 0320-3841737	darulamannns056@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	20-z housing colony, Nankana Sahib.
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Rafia Ijaz	Women Protection Officer (DWPO)	0320-3851737	rafiaahmadchaudhry@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	20-z housing colony, Nankana Sahib.
District Office Welfare & BM								

Sanatar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	041-9220480	N/A	Monday - Saturday 8:30 AM to 4:30 PM	508-D Peoples Colony, Faisalabad
Legal Aid Services								
Pro Bono Lawyer	Private	Amir Farooq Awan Advocate	N/A	N/A	0345- 7816511	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Pro Bono Lawyer	Private	Shehroz Khokar Advocate	N/A	N/A	0300- 6044372	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Acid Survivor Foundation (ASF) Pakistan								
Health and Medical Support Services								
District Headquarter Hospital, Nankana Sahib								
District Health Authority	Govt/Hospital	Medical Services	Dr Rohail Akhtar Ch	CEO	056- 9201056, 3214025651	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
AWAM Pakistan								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333- 9993833	anbreen@bedari.o rg.pk, bedari@bedari.org. pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non- government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwp a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Narowal



District Office Welfare & BM	Govt	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0542-413541	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Amin Colony, Circular Road, Narowal
Sanatzar								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Amna Rafiq	District Women Protection Officer (DWPO)	0542-470281, 0320-5681737	duanarowal@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex Near Al- Rahim Garden Phase -2, Narowal
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority								
Helplines and Remote Support Services								
Bedari								

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122								
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Okara



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Mehboob Rashid	RPO	040-9200011-333, 0333-9200443	rpo.swl@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Harappa, Road, near Government Imamia College, Sahiwal
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	M Rashid	DPO	0442-9200351, 0332-1600777		Monday - Saturday 8:30 AM to 4:30 PM	District Police Office, Okara
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach			442622833,	pkm.okara@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Renala Khurrd, Okara
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	442512012	pkm.okara@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Traffic Head Quarter, Near Sanam Cinema, M.A Jinnah Road, Okara
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Akhtar Ch.,	262/SL, ASI, Incharge	3457951596	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Ujala Khan,	VSO	3066598613	N/A	24/7	N/A

Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Rubina Shazadi	District Women Protection Officer (DWPO)	0449-330078, 0320-5371737	duaokara0004@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Shelter Home new district complex near DPS and family courts Okara
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Zeenat Bibi	Women Protection Officer (WPO)	0320-3891737	zeenatnazar.psychologist@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Shelter Home new district complex near DPS and family courts Okara
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	044-9200309 0300-7537247	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Waris Colony, Okara
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan								
Health and Medical Support Services								
District Headquarter Hospital South City, Okara								
District Headquarter Hospital, Okara	Govt/Hospital	Medical Services	Dr. Saqib Watoo Additional	Medical Superintendent (MS)	044-9239002, 0345-7739692	N/A	Monday - Saturday 8:30 AM to 4:30 PM	DHQ Hospital Okara City Eid Gah Road Okara
District Health Authority	Govt/Hospital	Medical Services	Dr. Fawad Ahmed Iftikhar	CEO	044-9200136, 0333-6261201	N/A	Monday - Saturday 8:30 AM to 4:30 PM	
Helplines and Remote Support Services								

Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Medical Services, Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A

Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Pakpattan



District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0457-352160	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, 58-S Block Green Town, Pakpattan
Social Welfare, Special Education and Women Empowerment								
Pakistan Bait-ul-Mal	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Mr. Masroor Ahmed	District Officer	0300- 4711067	N/A	Monday - Saturday 8:30 AM to 4:30 PM	PBM District Office, Pakpattan
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Attia Kashif	District Women Protection Officer (DWPO)	0457- 921096, 0320- 5411737	darulaman796@g mail.com	Monday - Saturday 8:30 AM to 4:30 PM	Katchehry Road, Opposite Girls Colony High School, Shelter Home (Dar-ul- Aman) Pakpattan Sharif.
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Anila Shokat	Women Protection Officer (WPO)	0320- 5431737	aneelashoukat24 @gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Katchehry Road, Opposite Girls Colony High School, Shelter Home (Dar-ul- Aman) Pakpattan Sharif.
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	0457-373667	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, House No. MD-12- MB-I, D-III Street No. 1 Haji Khursheed Karkhana, Shadab Colony, Pakpattan
Legal Aid Services								

Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Pakpattan	Govt/Hospital	Medical Services	DR. HAFIZ MALIK MUHAMMAD AHSAN	Medical Superintendent (MS)	0302-2267729		Monday - Saturday 8:30 AM to 4:30 PM	District Head Quarter Hospital, Pakpattan
District Health Authority	Govt/Hospital	Medical Services	Dr Faiza Kanwal	CEO	0457-352355, 0333-6131267	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sudhaar Society	NGO/Private	Referral, Counselling	Rana Shakeel Ahmed		0300 7660116	N/A	Monday to Friday 9:00 AM to 5:00 PM	GM Town Arifwala Pakpattan
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A

MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Rahim Yar Khan



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Rai Babar Saeed	RPO	062-9250351-2, 0309-7771612	- rpo.swl@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Officer, Bahawalpur Cantt, Bahawalpur
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Irfan Ali Samon	DPO	068-9230301, 0301-7100590	dpo.ryk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Charch Rd, Rahim Yar Khan
Police Women Help Desk-DPO Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Muntzir Mahdi	DPO	068-9230301	N/A	Monday - Saturday 8:30 AM to 4:30 PM	DC Office Rahim Yar Khan City
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	685795510	pkm.rahimyarkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM SDPO Office Sadiqabad, Rahim yar khan
Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	68.9230348	pkm.rahimyarkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, DPO office, Near district court, Rahim yar khan

Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	685959899	pkm.rahimyarkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM SDPO Office Liaquatpur, Rahim yar khan
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Sajjad Karim,	ASI Incharge	3002218322	N/A	24/7	N/A
Police Tahaffuz Markaraz								
Psychosocial Support, Protection, and Shelter Services								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Zobia Mughal	District Women Protection Officer	068-9330086, 0320-3911737	darulamanryk4147@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Canal Colony, Near Catholic Church, Rahimyar Khan
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Palwasha Kanwal	Women Protection Officer (WPO)	0320-3921737	palwasha007@outlook.com	Monday - Saturday 8:30 AM to 4:30 PM	Canal Colony, Near Catholic Church, Rahimyar Khan
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	068-9230367	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Office, SW, Eid Gah Road, R.Y.Khan
Deputy Director Social welfare								
Social Welfare Sadiqabad	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Mohammad Afzal (Additional Charge)	N/A	0301-7652316	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Sadiqabad City
District Social Welfare Office								

Women Development Department	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Anam Malik	N/A	0324-7880647	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Working women hostel Madina town Rahim Yar Khan
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	068-9230076 0300-6718261	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Eid Gag Road, Rahim Yar Khan
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority	Govt/Hospital	Medical Services	Dr. Ghazanfer Shafique	CEO	068-9230114, 0300-8679148	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Medical Social Services Project, DHQ Sheikh Zaid Hospital, R. Y. Khan.
District Health Authority	Govt/Hospital	Medical Services	Dr Muhammad Usama	Medical Supritendent	0309-6849844	drusmanmoin107@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Tehsil Hospital Liaquatpur RYK
Helplines and Remote Support Services								
Marriam Rural Welfare Organization	NGO	Referral, Counselling, Psychosocial Support	Abdul Salam	President	0300-6844968	mrwopwp@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	H No 54 Street NO 2 Anwarabad BWP

Bahar Social Development Organization	NGO	Minority Rights, Referral, Counselling, Psychosocial Support	Adil Binameen	CEO	0307-6189739	bsdo.bwp.2023@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	Islamic Colony Street 7 House 35 Yazman Road BWP
Pelican Development Organization	NGO	Referral, Counselling, Psychosocial Support	Ms Uzma	MD	0300-7665951	pelicandevopment.org@gmail.com	Monday to Friday 9:00 AM to 5:00 PM	Fasial Colony BWP
Focus Trangender Orgnization	NGO	Referral, Counselling, Psychosocial Support	Sahiba Jahan		0344-8396083		Monday to Friday 9:00 AM to 5:00 PM	Millat Colony BWP
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwp.a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Rajanpur



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Mr.Farooq Amjad	DPO	0604-920155, 9200055, 0333-9339090	dpo.rjr@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Park Road, Rajanpur
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt. ° Sajjad Hassan Khan	RPO	064-9260471, 481, 0300-8860253	rpo.dgk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Ketchery Road, City, Dera Ghazi Khan
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Neelam Munawar	L/TSI, Incharge	0314-9478400	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Abdul Wahid Iftikhar @ Naina	VSO	0336-6413344	N/A	24/7	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0604-920139	pkm.rajanpur@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Nearby Police Station Sadar, Rajanpur

Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	604567126	pkm.rajanpur@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Jampur, Rajanpur
Psychosocial Support, Protection, and Shelter Services								
Shelter Home (Dar-ul-Aman)								
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Shabnam Kanwal	District Women Protection Officer (DWPO)	0604-920145, 0320-5961737	supttduarajanpur@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Fateh Pur Road, Near Social Welfare Complex, Rajanpur
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0604-688993	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Fattah Pur Road, Rajanpur
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	0604-689065 0336-2622121	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Fateh Pur Road, Rajanpur.
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan								
Health and Medical Support Services								

District Health Authority								
District Headquarter Hospital, Rajanpur	Govt/Hospital	Medical Services	Dr. Jam Khalil	Medical Superintendent (MS)	0604 920010, 0333 8826747	N/A	Monday - Saturday 8:30 AM to 4:30 PM	
District Health Authority	Govt/Hospital	Medical Services	Dr. Muhammad Fiaz Maiken	CEO	0604 500145, 0300 8600124	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Katchahry Road Rajanpur City.
Helplines and Remote Support Services								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741, 0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations

Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwp a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A

Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Rawalpindi



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office Rawalpindi	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Raja Adnan	N/A	0332-5145152, 0519450104	N/A	Monday - Saturday 8:30 AM to 4:30 PM	B-513 B- Block Sattelite Town Rawalpindi
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Babar Sarfraz Alpha	RPO	051-9273596- 9270631, 0300- 8601290	rpo.rwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Offcie Khadim Hussain Rd, Lalkurti, Rawalpindi
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Khalid Mehmood Hamdani	CPO	051-9292629- 30, 0307- 8883800	Cpo.rwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz	Govt/Police	Follow-up Services,Referral Services, Legal Aid	Mr. Kashif	Police Officer	051-9330676	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Liaquat Bagh, Rawalpindi
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Nayyab Javed & Ms. Tayyaba Noor		051-9334366	N/A	Monday - Saturday 9:00 AM to 5:00 PM	City Circle, Gunjmandi

Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Amreen Tariq		051-9330009	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Kahuta Circle, Kallar Syedan
Women Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Sahulat Batool	SHO	0346-5098363, 051--9292832	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Near Civil Line
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Madiha Gul	Sub-Inspector, Incharge	3434576441	N/A	24/7	N/A
Police Tahaffuz Markaraz								
Psychosocial Support, Protection, and Shelter Services								
Dar-ul-Falah	Govt/PWPA	Follow-up Services, Legal Assistant , Psychosocial Support	Ms. Asma	N/A	051-4474002	N/A	Monday To Saturday 8:00 AM to 4:30 PM	Social Welfare Complex, Muslim Town, 1-Khana Road, Rawalpindi
District Office Welfare & BM	Govt	District Officer, Social Welfare Complex, 1 Khana Road, Muslim Town Near Jalabi Wala Chowk, Rawalpindi	N/A	N/A	051-4474010-4474015	N/A	Monday To Saturday 8:00 AM to 4:30 PM	District Officer, Social Welfare Complex, 1 Khana Road, Muslim Town Near Jalabi Wala Chowk, Rawalpindi

Sanatar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	051-4840968 0300-9738286	N/A	Monday To Saturday 8:00 AM to 4:30 PM	Office of Manager Sanatar, Near Divisional Public School Shamsabad, Murree Road, Rawalpindi.
Women Protection Center (SBBHRCW)								
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Aqeela Tasneem	Women Protection Officer (WPO)	0320-2661737	rwpwpo@gmail.com	Monday To Saturday 8:00 AM to 4:30 PM	Social Welfare Complex, Shamsabad, Near Ghosia Chok Rawalpindi
Shelter Home								
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Friday 9:00 AM To 5:00 PM	
Sahil								
Promoting National Cohesion (PNC)	NGO/Private	Legal Assistance, Psychosocial Support	Ayesha Ruaf	Program Development Officer	3064530682	ayaesha.ruaf@pncpk.org	Monday - Friday 9:00 AM To 5:00 PM	offcie 205, Aria Tower, E-11/2 Markaz Islamabad
Dareecha	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Mr. Muhammad Usman	N/A		N/A	Monday - Friday 9:00 AM To 5:00 PM	House No. 292-D, Block Number D, Satellite Town, Rawalpindi
Star Welfare Organisation	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Mr. Baba Muhammad , Shafiq Dogar	N/A	0300-9607123 (Owner), 0321-6001323 (Head Office Sargodha)	N/A	Monday - Friday 9:00 AM To 5:00 PM	Dhoke Killo Khan, Gulshan Plaza, Street No. 1, Near 6th Road, Chowk Rawalpindi
Pro Bono Lawyer	Private		Sehrish Saba Raja Advocate	N/A	0334-9549658	N/A	Monday - Friday 9:00 AM To 5:00 PM	
Pro Bono Lawyer	Private		Muhammad Tariq Advocate	N/A	0321-5516937	N/A	Monday - Friday 9:00 AM To 5:00 PM	

Health and Medical Support Services								
District Health Authority	Govt	Medical Services	Dr. Ehsan Ghani	CEO	051-4831965, 0300-5120341	N/A	Monday To Saturday 8:00 AM to 4:30 PM	CEO officie Khayyaban-e-sir-syed
CEO District Health Authority	Govt	Medical Services	DR. Shanza Sarwar	Deputy Medical Supritendent Preventive Services	0335-7253879	N/A	Monday To Saturday 8:00 AM to 4:30 PM	CEO officie Khayyaban-e-sir-syed
Helplines and Remote Support Services								
ACT international	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Kinza Malik	Manager NYHL	0331-8550604	kinza@qct- international.org	Monday to Friday 8:00 AM to 10:00 PM	Plot 338 st 6 I-9/3 Islamabad
Strengthen Participatory Organization (SPO)	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Rabia Khan	National Project Manager	0312-5622720	rabia@spok.org	Monday - Friday 9:00 AM To 5:00 PM	Building 1B, Bazaar no, 01 Street 26, G- 9/1 Islamabad,
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.o rg.pk, bedari@bedari.org. pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non- government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday - Friday 9:00 AM To 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services, Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services, Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A

Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Sahiwal



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsperson Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Rai Abdullah		040-9200139	N/A	Monday - Saturday 8:30 AM to 4:30 PM	P--147/30 Katchery Gate 3 Tehsial Road Sahiwal
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Mehboob Rashid	RPO	040-9200011- 333, 0333- 9200443	rpo.swl@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Harappa, Road, near Government Imamia College, Sahiwal
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Rana Tahir Rehman Khan	DPO	040-9200051- 2, 0307- 6777759	dpo.swl@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office, Police Lines, Sahiwal
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	519330676	pkm.sahiwal@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	N/A
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0405480035	pkm.sahiwal@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Chichawatni, Sahiwal

Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	ASI Ghazi Faizan Ali,	Incharge	3082567980	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Zegum Waqar @ Kiran	VSO	3178280737	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM								
Social Welfare, Special Education and Women Empowerment	Govt	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Mr. Irshad Mohsin	Deputy director S.W	0302-8969999	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District social welfare office Green Town Pakpattan.
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Fozia Jabeen	District Women Protection Officer (DWPO)	040-4404306, 0320-2921737	womencentreswl@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Y Block street No. 2, Tariq Bin Zayed Colony, Sahiwal
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Sumera Shaheen	Women Protection Officer (WPO)	0320-2931737	sumerashaheen07@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Y Block street No. 2, Tariq Bin Zayed Colony, Sahiwal
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	040-9200448 0300-4037072	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Gulistan Road Parda Bagh, Sahiwal
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A

Health and Medical Support Services								
Govt. Haji Abdul Qayyum District Headquarter Hospital, Sahiwal City, Sahiwal	Govt/Hospital	Medical Services	Dr. Muhammad Saleem farid	Medical Superintendent (MS)	409200373, 0300-8037422	N/A	Monday - Saturday 8:30 AM to 4:30 PM	DHQ Hospital, Sahiwal Old Govt. Hajid Abdul Qayyum Hospital, Near High Street Joggi Chowk Sahiwal City, Sahiwal
District Health Authority	Govt/Hospital	Medical Services	Dr. Abdul Majeed Khan Naizi	CEO	040-9200382, 0300-6900500	N/A	Monday - Saturday 8:30 AM to 4:30 PM	
Helplines and Remote Support Services								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.

Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwp.a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A

MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Sargodha



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsperson Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Zaheer Abbas	N/A	048-2145489	N/A	Monday - Saturday 8:30 AM to 4:30 PM	House no. 62, Noshra Vullas near FBR, Near Qainchi Mor Office, Sargodha
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Dr. Shazad Asif Khan	RPO	048- 9230111-13- 4, 0303- 7900001	rposargodha@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Jail Rd, Sargodha Regional Police Office
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Shoaib Ashraf	DPO	048- 9230333- 222, 0303- 7900002	dpo.sgd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Sargodha city
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	486310213	pkm.sargodha@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Shahpur, Sargodha
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	486681046	pkm.sargodha@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Kotmomin, Sargodha

Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	3331927222	pkm.sargodha@pu.njabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	Jail Road Sargodha
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Zeeshan Zafar,	Incharge	3457778939	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Mona Liza,	VSO	3041271240	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	048-9239217	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, 5x, New Satellite Town Opposite Digital Telephone Exchange, Sargodha
Dar-ul-Falah	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	048-9239079	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Near Commissioner Staff Colony Block-Z New Satellite Town, Sargodha
District Women Protection Centre (Dar-ul- Aman)	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Sana Rauf	In-Charge	0345-8588688	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Satellite Town Z Block, Sargodha

Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	048-3211755 0321-6037921	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, 5-X Block New Satellite Town, Sargodha.
Women Protection Center (Shelter Home)								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Nadia Hussain	Women Protection Officer (WPO)	0320-4691737	darulamansgd4@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Shelter Home, Z-Block New Satellite Town, Commissioner Colony, Sargodha
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority								
Helplines and Remote Support Services								

Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Sheikhpura



District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	056-9200027	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Khalid Road, Near Round Masjid, Sheikhpura
Sanatar								
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Asma Abid	District Women Protection Officer (DWPO)	0562-684126, 0320-3761737	darulamanskp@g mail.com	Monday - Saturday 8:30 AM to 4:30 PM	Tufail Shaheed Road near Ayesha Park Opposite Deaf & Dumb School Sheikhpura
Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Anam Faiz	Women Protection Officer (DWPO)	0320-3831737	anamfaiz33@gmail .com	Monday - Saturday 8:30 AM to 4:30 PM	Tufail Shaheed Road near Ayesha Park Opposite Deaf & Dumb School Sheikhpura
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	056-9200027	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Khalid Road, Near Round Masjid, Sheikhpura
Sanatar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	056-9200025 0300-4166915	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatar, Khalid Road, Sheikhpura.
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan .org	Monday - Friday 9:00 AM To 5:00 PM	
Health and Medical Support Services								

DHQ- Hospital Sheikhpura	Govt/Hospital	Medical Services	Dr.RAJA ZUBAIR	Medical Superintendent (MS)	056-9200231, 0311-7001001	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Lahore- Sargodha Road Jinnah Park Sheikhpura
District Health Authority	Govt/Hospital	Medical Services	Dr. Siddique Ahmad	CEO	056-3810303, 0333-6476266	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sahil	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 212, Block No. A-1, Johar Town Lahore
Aurat Foundation	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Nabila Shaheen	Provincial Manager	0300-4299778	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 18 Zaman Park, Canal Bank, Lahore
Christian Legal Centre	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	N/A	N/A	0300-8423401	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No.160 - Hamza Town, Opposite Yuhannabad, Ferozepur Road
Depilex Smileagain Foundation	NGO/Private	Referral, Counselling,	N/A	N/A	042-35692874-5, 042-35890003	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Plot No. 127/Commercial Area, 2nd Floor, Block DD, Phase IV, Lahore
Digital Rights Foundation	NGO/Private	Referral, Counselling,	Ms. Shmyla Khan & Ms. Jannat Fazal	N/A	N/A	Shmyla@digitalrightsfoundation.pk; Jannat@digitalrightsfoundation.pk	Monday - Saturday 9:00 AM to 5:00 PM	House No. 180-A, Garden Block, Garden Town, Lahore
Shirkat Gah	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	N/A	N/A	042-35838815	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Tipu Block Garden Town, Lahore, Punjab
Society for Human Rights & Prisoners' Aid	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Hamid Latif	Advocate	0333-5089610	N/A	Monday - Saturday 9:00 AM to 5:00 PM	House No. 365, Pak Block, Allama Iqbal Town, Lahore, Pakistan

Women In Struggle Environment (WISE)	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Bushra Khalid	Executive Director	0321-9402316	N/A	Monday - Saturday 9:00 AM to 5:00 PM	Sufi Mansion Basement, & Egerton Road
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A

Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Sialkot



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Dr. Ijaz Pervaiz	N/A	052-3556463	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Mohallah Mumtazpura Jermet Street Haji Pura Road , Sialkot
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Tayyab Hafeez Cheema	RPO	055- 9200604- 601-2, 0300- 8719666	rpo.grw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Office (RPO) GT Road, Near Police Lines, Gujranwala
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Faisal Shahzad	DPO	052- 9250321-2, 0323- 9998100	dpo.skt@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Police Lines, Kechehry Chowk, Sialkot
Human Rights and Gender Watch Cell	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Sidra Abdul Rehman		0333- 8793439	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Model Police Station, Cantt, Sialkot
Model Police Station	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Sidra	Sub Inspector	0333- 8793439	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Sambrial Circle, Airport

Women Help Desk	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Naheed Akhtar	N/A	052-3505686	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Sambrial Circle, Begowala
Women Help Desk	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	Ms. Sameena Sanam	N/A	052-6301716	N/A	Monday - Saturday 8:30 AM to 4:30 PM	City Circle, Cantt
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	526440995	pkm.sialkot@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, PKM Pasrur, Sialkot
Police Khidmat Markaz								
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Salman Patrus	SI, Incharge	3006472777	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Sarwar shah@Meera Bokhari	VSO	3026463169	N/A	24/7	N/A
Psychosocial Support, Protection, and								
Shelter Home (Dar-ul-Aman)	Govt/SW&BM	Follow-up Services, Legal Assistant, Referral Services, Psychosocial Support	Tabussam	Superintendent	0333-4129696	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Circular Road, Shahabpura, Sialkot
Shelter Home (Dar-ul-Aman)								

Women Protection Center (SBBHRCW)	Govt/SW&BM	Medical Services, Legal Assistance, Psychosocial Support	Imran Kasana	District Women Protection Officer (DWPO)	0320-2941737, 052-9250595	womenprotectioncentre@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Near Sardar Begum Hospital, Aalam Chowk, Sialkot
Shaheed Benazir Bhutto Women Crisis Centre								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	052-9250491	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Near Sardar Begum Hospital, Sialkot
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	052-9250492 0301-6403449	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Social Welfare Complex near Sardar Begum Hospital, Sialkot.
Dar-ul-Falah								
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Al-Wakeel Legal Aid	Private	Mr. Rana Waqas Ali			0331-6683092	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office No. 14, Mehboob Qadir Shaw Block District. Court, Sialkot
Health and Medical Support Services								
District Health Authority	Govt/Hospital	Medical Services	Dr. Aslam Ch.	CEO	0333-7775007	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A

Helplines and Remote Support Services								
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwp a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Talagang



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Babar Sarfraz Alpha	RPO	051-9273596-9270631, 0300-8601290	rpo.rwp@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Khadim Hussain Rd, Lalkurti, Rawalpindi
Punjab Police (Khidmat Markaz)	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	543666148	pkm.chakwal@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Ishara Chowk (Old 15 Chowk), Talagang Road, Chakwal City
Punjab Police (Khidmat Markaz)	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0543410861	Email: pkm.chakwal@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Talagang, Chakwal
Psychosocial Support, Protection, and Shelter Services								
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development	N/A	N/A	0543-550310, 0300-5471035	N/A	Monday - Saturday 9:00 AM To 5:00 PM	Office of Manager Sanatzar, Women Community Centre, Chakwal

Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Ayesha Kanwal	District Women Protection Officer (DWPO)	0543-541301, 0320-3521737	Shelterhomeckl@gmail.com	Monday To Saturday 8:00 AM to 4:30 PM	Mohallah Ashraf Town Street No 23 Nazad attock petrolium Rawalpindi Road chakwal
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	0543-543708 0300-5133541	N/A	Monday - Saturday 9:00 AM To 5:00 PM	District Officer, Social Welfare Complex, District Complex Chokora, Chakwal
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday - Saturday 9:00 AM To 5:00 PM	N/A
Health and Medical Support Services								
Government City Hospital, Talagang, Chakwal	Govt/Hospital	Medical Services	N/A	N/A	0543-411444	N/A	Monday - Friday 9:00 AM To 5:00 PM	Talagang
Helplines and Remote Support Services								
Rozan counseling helpline (RCHL)								
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A
Rescue 1122								

Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline								
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	1043	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A
National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A

Toba Tek Singh



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Zeeshan Asghar	RPO	041-9200610-11, 0333-6639282	rpo.fsd@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office University Rd, Police Lines, Faisalabad
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Abadit Nisar	DPO	046-9201051, 0333-3520350	dpo.tts@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Jhang Road, Toba Tek Singh
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	462515909	pkm.tobateksingh@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, DPO Office, District Office Complex, Toba Tek Singh
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Nabila Kousar	F/164, Incharge	3207023377	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhammad Ramzan @ Dua,	VSO	3175136811	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
Shelter Home (Dar-ul-Aman)	Govt/SW&BM	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support			046-2518389 0334-7070179	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex Jhang Road Toba Tek Singh
Shelter Home (Dar-ul-Aman)								

Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Asia Mansha	District Women Protection Officer	0462-516744, 0320-5791737	asiamansha9@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Jhang Road, Toba Tek Singh
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	046-2515613	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Jhang Road, T.T.Singh
Pakistan Bait-ul-Mal	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Mr. Rai Abdul Shakoor	Marth Secretary	0333-6871525	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Main Jhang road Toba Tek Singh
Social Welfare Department	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	Mr. Rai Abdul Shakoor	Marth Deputy Director Human Rights Committee	0333-6871525	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Main Jhang Toba Road Toba Tek Singh
Sanatzar								
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan								
Health and Medical Support								
District Headquarter Hospital, Toba Tek Singh, T.T Singh	Govt/Hospital	Medical Services	Dr. Syed Shahbab Alam	Medical Superintendent (MS)	046-2200083, 0345-1603333	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Rajana Road, Toba Tek Singh
District Health Authority								
Helplines and Remote Support Services								

Idara Taleem O Aagahi (ITA)	NGO/Private	Referral, Counselling	Muhammad Ahsan Khan	Project Coordinator	0307-7730783	Muhammad.ahsan@itacec.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
District Bar Association	NGO/Private	Referral, Counselling	Mr. Rai Ehtisham Anwar	Advocate President District Courts Toba Tek Singh	0333-6879977	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Al- Khidmat Foundation	NGO/Private	Referral, Counselling	Mr. Arshad Javid	(General Secretary)	03341217769	N/A	Monday to Friday 9:00 AM to 5:00 PM	Akal Wala Road Toba Tek Singh
AWAM Pakistan	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Ms. Nazia Sardar		041-8554335	N/A	Monday to Friday 9:00 AM to 5:00 PM	Street No. 1, Block B, House No. 98/15, Al-Fayyaz Colony Near Jamia Amdadia, Satyana Road
Sahil	NGO/Private	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	House No. 212, Block No. A-1, Johar Town Lahore
Bedari	NGO/Private	Referral, Counselling, Helpline	Mumtaz Gohar	N/A	0333-9993833	anbreen@bedari.org.pk, bedari@bedari.org.pk	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations, as well as legal support when needed.
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations

Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwp a.punjab.gov.pk	24/7	N/A
Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	1799	N/A	24/7	N/A
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Tonsa Sharif



Name of Institution/ Organization	Type (Govt/NGO/Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Ibrar Buzdoar	N/A	064-9330234	N/A	Monday - Saturday 8:30 AM to 4:30 PM	H No 222 new Civil colony DG Khan
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt. ® Sajjad Hassan Khan	RPO	064-9260471, 481, 0300- 8860253	rpo.dgk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Ketchery Road, City, Dera Ghazi Khan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt. ® Tariq Walait	DPO	064-9260100- 1, 0336- 3554545	dpo.dgk@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Dera Ghazi Khan
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A		N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	649260098	pkm.dgkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Near Police Station Civil Line, Dera Ghazi Khan

Police Khidmat Markaz		First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	642601700	pkm.dgkhan@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Taunsa, Dera Ghazi Khan
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shazia	Inspector, Incharge	3334352200	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Ghulam Sahabir (Shabbo Rani)	VSO	3359883133	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
Shelter Home (Dar-ul-Aman)	Govt/SW&BM	Follow-up Services, Legal Assistant , Referral Services, Psychosocial Support	Maria Khan	Assistant director	064-9260470 0336-1639789		Monday - Saturday 8:30 AM to 4:30 PM	Social Welfare Complex, Jail Road, DG KHan
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	064-9260557	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Near Central Jail, D.G. Khan
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	064-9260458	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Social Welfare Complex, College Road, D.G.Khan
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Surrayya Majeed	District Women Protection Officer (DWPO)	064-9260042, 0320-3281737	dwpodgk@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Sanatzar, Social Welfare Complex, Jail Road, Dera Ghazi Khan

Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org		N/A
Health and Medical Support Services								
District Headquarters Hospital D.G,Khan	Govt/Hospital	Medical Services	N/A	N/A	0332-6307298	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
District Health Authority	Govt	Medical Services	Dr. Atiq Ur Rehman	CEO	064-9260218, 0300 6761655	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwwpa.official@pwwpa.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
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Vehari



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
N/A								
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Capt ® Sohail Ahmed Main	RPO	061-9200425- 861, 0302- 8332627	rpo.mux@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	RPO Office Qasim Road, Airport Chowk, Multan Cantt Residential Area, Multan
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	M Afzal	DPO	067- 9201076, 0321- 8551515	dpo.vri@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	DPO Office Vehari- Multan Rd, Purana Lari Adda, Vehari
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0673-355532	pkm.vehari@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	PKM Burewala, Vehari
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0673-202028	pkm.vehari@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Mailsi, Vehari

Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	0673-602017	pkm.vehari@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	DPO Office Vehari City
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shamim Akhter,	280, ASI Incharge	3006990264	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Shakeel Sanam,	VSO	3007728047	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	067-3363196 - 3365196	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, Social Welfare Complex, Chandi Park, Vehari
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Munazza Kausar	District Women Protection Officer (DWPO)	067-9201355, 0320-2891737	womencentrevehari@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Near Degree College for Women/Slow Learner School, Vehari
Women Protection Center (SBBHRCW)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Rani Barkat	Women Protection Officer (WPO)	0320-2911737	sep.ranib@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	Near Degree College for Women/Slow Learner School, Vehari
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	067-3366196 0300-7730566	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Office of Manager Sanatzar, Near DHO office, Vehari

Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Headquarter Hospital, Vehari	Govt/Hospital	Medical Services	Dr. Mian Ahmad Faraz	Medical Superintendent (MS)	067-3361912, 0301-6573600	N/A	Monday - Saturday 8:30 AM to 4:30 PM	New Sharqi Colony, Hasilpur Rd+ Vehari, Punjab, Pakistan
District Health Authority	Govt	Medical Services	Dr Muhammad Salman	Program Director	0300-9638768	drsulman1C9@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	
District Health Authority								
Helplines and Remote Support Services								
Sahil	Govt/Helpline	Referral, Counselling, Helpline, Psychosocial Support	Mr. Ansar Sajjad Bhatti	N/A	0300-0977097, 042-35470578	N/A	Monday to Friday 9:00 AM to 5:00 PM	N/A
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
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Wazirabad



Name of Institution/ Organization	Type (Govt/NGO/ Private)	Services Provided	Contact Person	Designation	Contact No.	Email	Timing	Address
Ombudsperson Offices								
Ombudsman Office Gujranwala	Govt	Complaint Redressal Mechanism Implementation of GBV Laws Protection of Rights Accountability Awareness & Advocacy Coordination & Referrals	Waqas Younis	N/A	055-9330110	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Regional Office House No.2 Khawaja Street D.C Road Near Allied Bank, Gujranwala.
Law Enforcement and Justice Services								
RPO	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	Tayyab Hafeez Cheema	RPO	055-9200604-601-2, 0300-8719666	rpo.grw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	Regional Police Office (RPO) GT Road, Near Police Lines, Gujranwala
District Police Office	Govt/Police	Leadership & Oversight Complaint Handling & Case Management Coordination & Referral Services Monitoring & Accountability Capacity Building	M Ayyaz Saleem	DIG/CPO	055-9200606-7, 0300-8642064	cpo.grw@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	City police office, Civil Lines, Gujranwala
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	553821306	pkm.gujranwala@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM, Ashraf Marth Shaheed Police Lines, Gujranwala
Police Khidmat Markaz	Govt/Police	First Point of Contact & Safe Space Registration of Complaints Counseling & Guidance Referral Mechanism Case Follow-Up & Monitoring Awareness & Sensitization Confidentiality & Survivor-Centered Approach	N/A	N/A	556810901	pkm.gujranwala@punjabpolice.gov.pk	Monday - Saturday 9:00 AM to 5:00 PM	PKM Kamoki, Gujranwala

Police Khidmat Markaz	Govt/Police	Follow-up Services,Referral Services, Legal Assistant			54660002	pkm.gujranwala@punjabpolice.gov.pk	Monday - Saturday 8:30 AM to 4:30 PM	PKM Wazirabad, Gujranwala
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Muhamamd Ehtisham Iqbal	GL/116, Incharge	3007476240	N/A	24/7	N/A
Police Tahaffuz Markaraz	Govt/Police	Complaint Handling & Case Management Coordination & Referral Services	Bunty	VSO	3005109742	N/A	24/7	N/A
Psychosocial Support, Protection, and Shelter Services								
District Office Welfare & BM	Govt/SW&BM	Protection & Rehabilitation Services Counseling & Psychological Support Legal Aid & Referral Coordination with Stakeholders Skill Development & Economic Empowerment	N/A	N/A	055-9200146	N/A	Monday - Saturday 8:30 AM to 4:30 PM	District Officer, SW, Abdullah Street No. 1, Gill Road, Near Najeed Mamorial Girls High School, Near Civil Lines, Gujranwala
Sanatzar	Govt/SW&BM	Vocational & Technical Training for GBV survivor Economic Empowerment of Women Rehabilitation of GBV Survivors Social Inclusion & Awareness Support to Families & Community Development Partnerships & Exhibitions	N/A	N/A	055-9200406	N/A	Monday - Saturday 8:30 AM to 4:30 PM	Jinnah Road Near Under Pass, Gujranwala
Punjab Women Protection Authority Dar ul Amaan, Gujranwala	Govt/PWPA	Implementation of the Law Women Protection Centers (WPCs) Case Management & Coordination Legal & Psychosocial Support Monitoring & Accountability Capacity Building & Awareness Emergency Response & Helpline Economic Empowerment & Rehabilitation Mediation and Rehabilitation	Shahida Waris	N/A	N/A	N/A	Monday - Saturday 8:30 AM to 4:30 PM	539-C Satellite Town near Nursery Chowk, Gujranwala

Women Protection Center (Shelter Home)	Govt/PWPA	Medical Services, Legal Assistance, Psychosocial Support	Shahida Waris	District Women Protection Officer (DWPO)	055-9330619, 0320-5641737	shahidashabbir1001@gmail.com	Monday - Saturday 8:30 AM to 4:30 PM	539-C Satellite Town near Nursery Chowk, Gujranwala
Legal Aid Services								
Acid Survivor Foundation (ASF) Pakistan	NGO/Private	Medical Services, Legal Assistance, Psychosocial Support	Zainab Qaiserani	Focal Person	051-2305547, 0301-8550011	pc.eu@asfpakistan.org	Monday to Friday 9:00 AM to 5:00 PM	N/A
Health and Medical Support Services								
District Health Authority	Govt/Hospital	Medical Services	Dr. Irshad Ullah Gorraya	CEO	0345 62590090307 2999009	N/A	Monday - Saturday 8:30 AM to 4:30 PM	N/A
Helplines and Remote Support Services								
Bedari								
Rozan counseling helpline (RCHL)	NGO/Private	Referral, Counselling, Psychosocial Support	Absar Fatima	Senior Psychologist	304-111-1741,0800-22-444	helpline@rozan.org	Monday to Friday 9:00 AM to 5:00 PM	Online psychosocial support and counseling are provided, along with referrals to various government and non-government organizations
Punjab Women Protection Helpline	Govt/Helpline	Provincial Level Helpline Psychological First Aid Legal Aid Rescue through DWPO Referral	N/A	N/A	1737	pwpa.official@pwpa.punjab.gov.pk	24/7	N/A

Rescue 1122	Govt/Helpline	National Level Helpline also Provide service on District Level Medical response Scene assessment Police coordination Safe transfer	N/A	N/A	1122	N/A	24/7	N/A
Virtual Women police station	Govt/Helpline	Rapid Response Referral Services Domestic Violence Harassment Complaint Registration Online Chat and Video Call Support Awareness Materials Location Tracking	N/A	N/A	15	N/A	24/7	N/A
Punjab Health Line (PHL)	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	0800-99000	N/A	24/7	N/A
Punjab Women Helpline	Govt/Helpline	Provincial Level Helpline Helpline Medical Services,Referral Services, Psychosocial Support,	N/A	N/A	1043	N/A	24/7	N/A
MOHR Helpline	Govt/Helpline	National Level Helpline Immediate response Referral Services, Psychosocial Support Legal Aid	N/A	N/A	1099	N/A	Monday - Saturday 8:30 AM to 9:00 PM	N/A
Digital Rights Foundation	NGO/Helpline	National Level Helpline Cyber Harassment Helpline	N/A	N/A	0800-39393	N/A	Monday - Sunday 9:00 AM To 5:00 PM	N/A
Edhi Foundation	NGO/Helpline	National Helpline Emergency response for Medical Care Safe homes for victims Maternity and childcare services Support for the destitute	N/A	N/A	115	N/A	24/7	N/A

National Cyber Crimes Investigation Agency	Govt/Helpline	National Helpline Online fraud Online harassment Identity theft Hacking	N/A	N/A	1799	N/A	24/7	N/A
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✦ ✦ **Thank You!** ✦ ✦